



Mandalas

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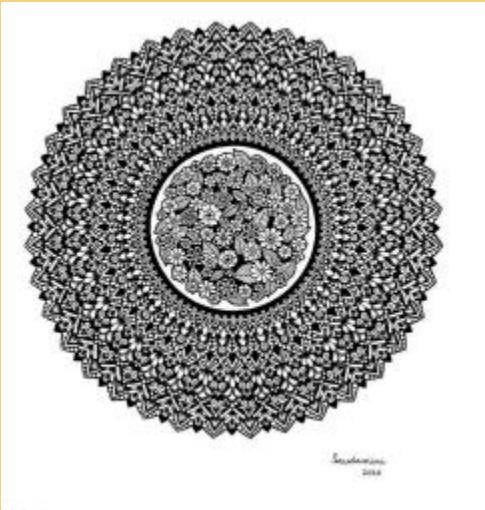


Background

In the ancient Sanskrit language of Hinduism and Buddhism, mandala means “circle.” Traditionally, a mandala is a geometric design or pattern representing the cosmos or deities in various heavenly worlds.

“It’s all about finding peace in the symmetry of the design and of the universe,” says artist Saudamini Madra.

Examples



Materials

Paper

Pen

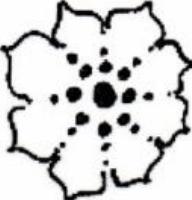
Small Paper Plate

Instructions

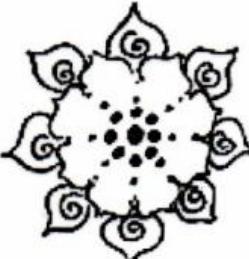
- 1- With a small paper plate, draw a circle in the middle of your paper
- 2 - Make a dot in the middle of your paper
- 3 - From the middle, work your way out, using different marks as you go along, until you fill up the circle.



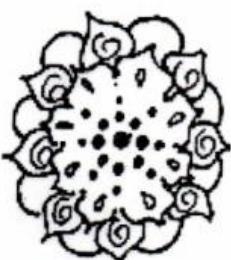
← Put stuff around it.
(like more dots.)



← add more stuff.
petals are nice.



← look! more petals
and some spirals.



← fill in empty
spaces.

- dots ≡ ||| \ \ lines
- ◎ spirals ↛ □ geometric shapes
- teardrops or  petals
- bumps ↛ more petals, or little tents?

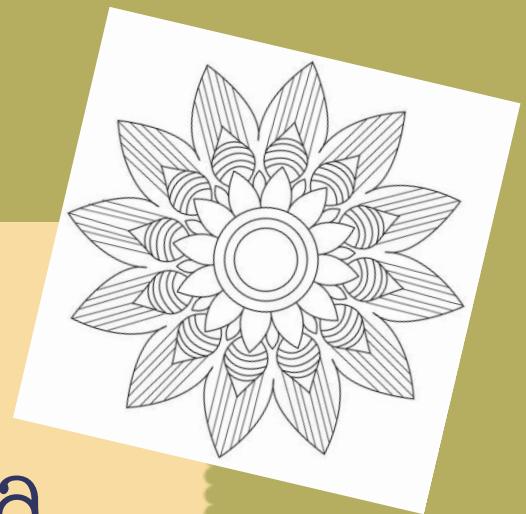


leaves + vines

♥ hearts →  can be petals!

simple shapes make
complex designs when added up.
make up your own elements! Be creative!

A picture is worth a
thousand words





Art Making Time

Put the music on

Whatever is going to relax you and put you into a creative “flow”

Make your art

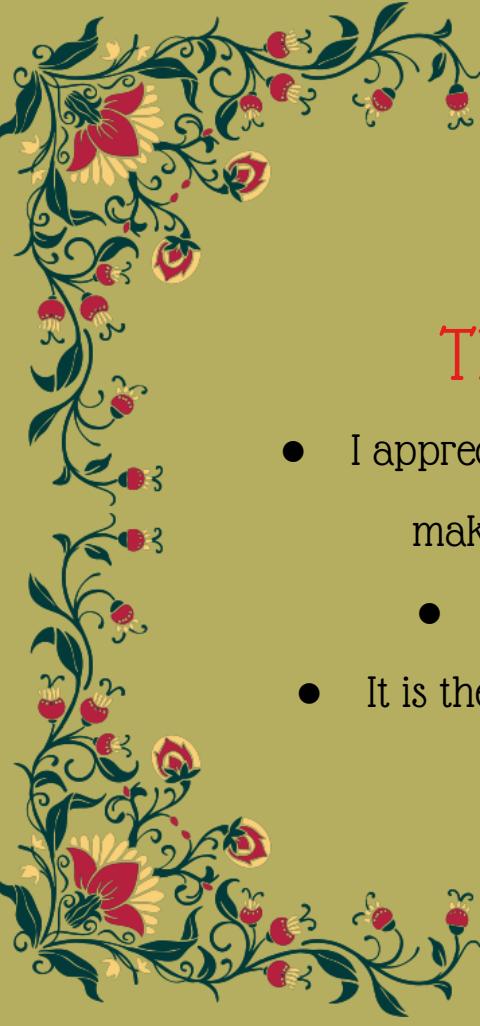
You can either follow the instructions strictly, or modify as it suits



Gallery Walk

Show your work and let us know which elements you thought were especially successful + share praise for others' creativity!





Thank you!

- I appreciate you taking the time to make and behold art today.
 - Art is for everyone.
 - It is the process, not the product.

